

A perspective on the ongoing VortexHealing® Path

In the **Basic / Foundational training**, the aspect of Divinity known as **Merlin** begins to bridge through the core of your energy system and heart, manifesting healing and magical transformation. At this stage, the primary focus is on **personal healing and spiritual evolution**, supporting the awakening to your True nature.

Merlin is non-dual. While we may refer to him as a Divine Being, he is not separate from what you truly are. In this work, you are engaging with an aspect of Divinity that is already awake to your True nature and is actively bridging you toward this realization.

Magical Structures

Following the Foundational training, the path progresses into the **Magical Structures** workshop. Here, Merlin deepens your energy system so that Divinity can manifest more fully for healing. This allows a deeper expression of Divine Magic, making it possible to create Magical Structures.

These structures enable greater depth in healing and significantly expand what you can do energetically. At this stage, you also gain access to **Merlin's Global Healing Grid**—a profound Divine manifestation that brings focused Divine power to support healing work with group consciousness and the world.

Karmic Intensive / Earth-Shift Intensive

The next major deepening is the **Karmic Intensive**. In this workshop, you deepen into the availability of Divine Energy within the web of life. Using this, greater Divine light is compressed into the incarnational (karmic) body within the spine.

Here, the final karma knot is released—signifying a major transition in the awakening process.

At times, this workshop is offered as an **Earth-Shift Intensive**, where participants work together as one Divinity to focus healing on the Earth itself or on aspects of global human consciousness. These events have been occurring since 1996. By facilitating this work, participants themselves also receive deep healing.

Multi-Frequency & Merlin's Jewel

With the final karma knot released, a deeper energetic evolution becomes possible. This is the focus of the **Multi-Frequency and Merlin's Jewel** workshop.

Merlin introduces a unique Divine Energy that contains all frequencies of creation. This accelerates the release of conditioning from the energetic bodies and chakras. As the energy system deepens, Merlin bridges through more fully, manifesting Divine Magic as **Merlin's Jewel**—a deeper focus of Divine Magic within the heart.

This level of deepening allows access to subtler layers of conditioning, leading to new VortexHealing projects such as releasing **Karmic Webbing** and **Personality Ego Positions**.

LifeForm

The next deepening is the **LifeForm** workshop. Here, Merlin bridges the consciousness of Perfect Life—life as it exists in its self-realized, unconditioned state.

This becomes a new healing tool and a fundamentally different approach to healing. It allows access to deeper layers of conditioning where life is experienced from the perspective of being a separate being. Students commonly report a profound shift in their relationship to life, healing, and perception following this workshop.

OMEGA & the Karmic Body

The **OMEGA and Karmic Body** workshop represents a major culmination of the energetic path. Originally taught as a twelve-day workshop followed by an additional four days, it has since evolved into a seven-day format. This reflects the increasing energetic support available for awakening and healing in the world today, allowing Merlin to work more deeply and efficiently.

In the Foundational material, there is a document called **The 14 Consciousness / Energetic Movements Toward Awakening**:

1. Realizing you are more than the physical body
2. Realizing you are more than emotional reactions
3. Realizing you are the awareness behind thoughts (like the sky behind the clouds)
 - This shift occurs for everyone in the Foundational training
4. Awakening through the final karma knot
 - Typically occurs in the Intensive
- 5–14. Progressive deepening toward awakening

In **OMEGA**, everyone reaches the **14th movement**, known as a *window of awakening within the heart*. This is why Omega healing can manifest as a powerful expression of Divine heart, energy, and healing consciousness. Omega healing is deeper, faster, and allows work with subtler layers such as **pre-karmic consciousness** and the **fifth-dimensional level** of the human energy system (which exists across ten dimensions of manifestation).

By the end of Omega, students directly appreciate the **Oneness of Existence** and the capacity to heal through Oneness itself.

Core Veil Awakening

After Omega, students may enter the **Core Veil Basic Awakening and Awakening to Being Awareness** workshop. This seven-day workshop consolidates what were once many separate trainings.

Ric's book *Awakening Through the Veils* details how Merlin facilitates awakening. Through VortexHealing, Merlin revealed how the experience of being a separate being is created and maintained through what are called **the Veils**, and how awake Divine Grace releases them.

There is only one Divinity manifesting as this one Life. Separation exists only as an experience. Awakening involves realizing that **what I AM is not the same as how I experience what I AM**. Healing addresses identity; awakening reveals that we are not the object of healing we once believed ourselves to be.

Additional Workshops

Along the way, the class flow includes additional workshops such as:

- Genetics
- Clearing the Kundalini
- EarthWorks
- Breaking Timelines
- Deepening in Meditation
- Sensing

Further details on all workshops are available on the website.

Ongoing Healing

Throughout all workshops, physical healing is continuously supported—by clearing and strengthening the energy bodies and pathways, releasing the weight of conditioning, and enlivening the body's own innate healing intelligence.